

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|---|--|
| <b>Daily Alternate Entree Choices: Pizza Stackers Lunch Box - Ham Sandwich - PB&amp;J Sandwich - Chef Salad</b> |  |  |   |  |
| 2<br>Nachos w/ Cheesy Beef Dip<br>Refried Beans w/ Cheese   | 3<br>Meatball Sub<br>Mashed Potatoes                   | 4<br>Cheese-Stuffed Breadsticks<br>Green Beans<br><i>Meal Bonus: Cookie</i>  | 5<br>Chicken Tenders w/ Mac & Cheese<br>Broccoli w/ Cheese  | 6<br>BBQ Pulled Pork Sliders<br>Crinkle Cut Fries  |
| 9<br>Chicken Nuggets w/ Soft Pretzel Stick<br>Broccoli w/ Cheese  | 10<br>Pepperoni Pizza Rippers<br>Green Beans           | 11<br>Chicken Patty Sandwich<br>Potato Smiles<br><i>Meal Bonus: Cookie</i>   | 12<br>Mini Corn Dogs<br>Baked Beans                         | 13<br>Chicken Quesadilla<br>Corn                   |
| 16<br>Hot Dog or Coney Dog<br>Baked Beans   | 17<br>Popcorn Chicken w/ Biscuit<br>Broccoli w/ Cheese | 18<br>Hamburger or Cheeseburger<br>French Fries<br><i>Meal Bonus: Cookie</i> | 19<br>Biscuit & Gravy w/ Sausage<br>Tator Tots              | 20<br>Pizza (Cheese or Pepperoni)<br>Green Beans   |
| 23<br>Nachos w/ Cheesy Beef Dip<br>Refried Beans w/ Cheese  | 24<br>Meatball Sub<br>Mashed Potatoes                  | 25<br>Cheese-Stuffed Breadsticks<br>Green Beans<br><i>Meal Bonus: Cookie</i> | 26<br>Chicken Tenders w/ Mac & Cheese<br>Broccoli w/ Cheese | 27<br>BBQ Pulled Pork Sliders<br>Crinkle Cut Fries |
| 30<br>Chicken Nuggets w/ Soft Pretzel Stick<br>Broccoli w/ Cheese   |  |  |   |  |

**What makes a MEAL?**

Choose **3-5 meal components** to build a healthy, reimbursable meal for \$2.30!

**Meal Components:**

*Protein - Grain - Vegetable - Fruit - Milk*

All **entrees** include:

*Protein + Grain*

Complete a meal with up to **TWO fruit choices & TWO vegetable choices** every day!

**Daily Fruits Offered\*:**

*-At least 2 fresh options  
-Up to 1 canned option*

**Daily Veggies Offered\*:**

*-At least 2 fresh options  
-At least 1 cooked option*

\*Only **entrees** and one vegetable choice are listed on the menu to allow for staff creativity!

**Packing a lunch? Leave the sides to us!**

Skip the entree - grab a milk with up to 2 fruits and 2 veggies!

*(Paid/free/reduced meal prices apply.)*

**Daily Alternate Entree Choices**

**TRY ME!** **Pizza Stackers Lunch Box**  
*Stack'em high with crispy pita chips, mozzarella cheese, pizza sauce, and pepperoni*  
*If you like Lunchables, you'll LOVE this!*

**Chef Salad**  
*Romaine & spinach blend topped with ham, fresh veggies, and shredded cheese*

**PB&J Sandwich**  
*Creamy peanut butter sandwich + grape jelly on the side*

**Ham & Cheese Sandwich**  
*Back by popular demand!*

**PRICING:**

| BREAKFAST   |        | LUNCH               |        |
|---|--------|---------------------|--------|
| Paid Meal   | \$1.60 | Paid Meal           | \$2.30 |
| Reduced Meal  | \$0.30 | Reduced Meal        | \$0.40 |
|   |        | Adult Meal          | \$3.50 |
| Breakfast served between 8:10am-8:25am in cafeteria |        | Milk (a la carte)   | \$0.60 |
|   |        | Entree (a la carte) | \$1.65 |

**PAYMENT OPTIONS:**

- Every student has a cafeteria account.
- All meals must be paid in advance in order to keep service as fast and efficient as possible.
- Payments can be made by check/cash (put in envelope with child's name clearly marked) & turned in to classroom teacher.
- Payments can also be made online for **FREE** at [www.EZSchoolPay.com](http://www.EZSchoolPay.com)
- Use EZSchoolPay.com to track purchase history and payment history!

For more information about SMSC Nutrition Services and access to additional menus, visit [www.smcsc.com/nutrition](http://www.smcsc.com/nutrition).