


Pendleton Heights Middle School Lunch Menu

Spring 2016-2017
Mar 27th – June 1st

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pancakes w/ Sausage	Pepperoni Pizza	Spicy Chicken Sandwich	Chicken & Noodles w/ Roll	Chicken Patty Sandwich
	Chicken Wrap (Regular or Spicy)	Chicken Quesadilla	Rib-B-Q Sandwich	Spicy Cheddar Beef Sandwich	Sloppy Joe Sandwich
	<u>Salad Bar</u> Ham Spicy Chicken Cheese	Chef Salad Veggie Salad Spicy Chicken Caesar Salad Turkey Sub Cold Cut Sub	<u>Salad Bar</u> Ham Spicy Chicken Cheese	Chef Salad Veggie Salad California Chicken Salad Turkey Sub Cold Cut Sub	<u>Salad Bar</u> Ham Spicy Chicken Cheese

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Nachos w/ Cheese/Beef Dip	Popcorn Chicken w/ Biscuit	Mini Corn Dogs	Chicken Penne Alfredo	Hamburger/ Cheeseburger
	BBQ Chicken Sandwich	Meatball Sub	Garlic French Bread Cheese Pizza	Pepperoni or Ham & Cheese Calzone	Fish Sticks w/ Mac & Cheese
	<u>Salad Bar</u> Ham Spicy Chicken Cheese	Chef Salad Veggie Salad Spicy Chicken Caesar Salad Turkey Sub Cold Cut Sub	<u>Salad Bar</u> Ham Spicy Chicken Cheese	Chef Salad Veggie Salad California Chicken Salad Turkey Sub Cold Cut Sub	<u>Salad Bar</u> Ham Spicy Chicken Cheese

Explain-a-Meal

Choose 3-5

P Protein

G Grain

F Fruit

V Vegetable

M Milk

(1) must be a **F** or **V**

Available Daily
Uncrustable

PRICE LIST			
	Paid	Reduced	Adult
Meal	\$2.20	\$.40	\$3.50
Extra Entrée	\$1.75	\$1.75	\$1.75
Extra Side	\$.75	\$.75	\$.75
Extra Bread	\$.60	\$.60	\$.60
Al a Carte Milk	\$.60	\$.60	\$.60
A la Carte Snacks	\$.50- \$1.75	\$.50- \$1.75	\$.50- \$1.75

March				
M	T	W	Th	F
27	28	29	30	31

April				
M	T	W	Th	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

May				
M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

June				
M	T	W	Th	F
			1	

PHMS Café News

In an effort to speed service, ALL accounts must be prepaid prior to lunch. Accounts can be paid online at www.EZSchoolPay.com or by cash/check and deposited into prepayment kiosk in hall outside cafeteria.

This institution is an equal opportunity provider. .